



SAFEGUARDS TRAINING FOR CHILDREN AND ADULT SERVICES



INTRODUCING 9 TRAUMA TRAINING STREAMS DESIGNED FOR YOU

TRAUMA-INFORMED PRACTICE STREAM

Ensure your organization is on track to fully implement a trauma-informed system of care.

- Trauma-Informed Practice: Why, What and How
- Trauma-Informed Supervision
- Trauma-Informed Leadership
- Creating Trauma-Informed Residential Care Systems

CHILDREN'S MENTAL HEALTH TRAUMA STREAM

Build the capacity of those providing therapy to support clinical outcomes.

- Evidence-Based Trauma Interventions for Children and Youth Certificate
- Trauma Assessment and Treatment Certificate
- Trauma Assessment and Treatment: Advanced Level Certification
- A Family Systems Approach to Intergenerational Trauma: A Guide to Assessment & Treatment
- Safety and Stabilization in the Treatment of Complex Trauma
- Attachment-Focused Trauma Treatments: Phase-Oriented Strategies for Addressing Complex Disorders
- Intergenerational Trauma: Moving Beyond to Resiliency
- Creative Interventions for Children and Youth Coping with Loss
- Self-Care: Awareness and Simple Restorative Practices to Heal the Helper

TRAUMA-FOCUSED THERAPEUTIC APPROACHES STREAM

Specific evidence-based therapies is support trauma-informed treatment.

- Single Session Therapy with Challenging Cases: Making the Most Difference in the Least Time
- The Dialectical Dance: Balancing Validation and Change Strategies with DBT
- Intro to CBT for Anxiety & Depression

SELF-HARM STREAM

Created to help professionals address the most challenging trauma effects.

- Addressing Self-Injurious Behaviour
- Suicide to Hope: A Recovery and Growth Workshop
- Trauma-informed Approach to Substance Abuse

HIGH-RISK SEXUAL BEHAVIOUR STREAM

Addressing the critical challenge of breaking the cycle of exploitation or sex offending.

- Domestic Sex Trafficking of Youth
- Addressing High-Risk Sexual Behaviour in Children
- Teaching Healthy Sexuality and Relationships to Youth

THERAPEUTIC CRISIS INTERVENTION STREAM

Reducing crisis and restraint use through prevention and intervention techniques.

- Therapeutic Crisis Intervention (TCI): Trainer Certificate
- Therapeutic Crisis Intervention (TCI): Updates

RESPITE ONLINE STREAM

Support families and build capacity with trained respite providers.

- Respite Services Training Certificate
- Respite Care for People with Autism
- Respite Workers, Autism and your Child: A Parent's Guide
- Cours de formation aux services de relève
- Les soins de relève aux personnes atteintes d'autisme

RELATIONAL PRACTICE FOR RESIDENTIAL STREAM

Created for those who work in foster care, group and in-home services.

- Everyday Healing: The Art of Relationship in Supporting Youth Impacted by Developmental Trauma
- Fostering Resilience and Self-Care in Day-to-Day Work with Vulnerable Youth
- When Nothing Works: Strategies for Supporting 'Those Challenging Kids'
- Creative Interventions for Children and Youth Coping with Loss
- Working toward Reconciliation with Indigenous Children and Youth
- Anger Management: Train-the-Trainer
- Awareness and Simple Restorative Practices to Heal the Helper
- Trauma-Informed Practice: Why, What and How
- Trauma-Informed Supervision
- Creating Trauma-Informed Residential Care Systems

ANTI-OPPRESSION/ANTI-RACISM STREAM

Acknowledge, challenge and change current practices.

- Trauma and Marginalized Youth
- Safe Spaces for LGBTQ Youth in Residential Care
- Intergenerational Trauma: Moving Beyond to Resiliency
- Working toward Reconciliation with Indigenous Children and Youth
- Being an Ally to Indigenous Peoples

Explore SafeGuards Training Streams and Topics at www.safeguards-training.net

Group Discounts: Contact Angela Cooper, Training Coordinator at angela@safeguards-training.net

Customized In-Service Options: Contact Karen Bosworth, Knowledge Exchange Manager at karen@safeguards-training.net